

APPROXIMATE WALKING TIMES – HIGH ADVENTURE

TIME DENOTED IN MINUTES AND BASED ON 3.5MPH PACE

CODE	AREA	BARE	BARW	BOW	CAN	KAY	LG	HG	PARK	ROCK	ROPE	TRAX	BZIP	BCA	BCB	BCC	BCD	BCE	BCF	AP	BC	HL	SVC	TPTS	GGM
	ADVENTURE AREAS																								
BARE	The Barrels (East end)	0	10	20	70	50	50	70	30	60	50	35	70	65	65	55	45	65	50	55	45	40	40	50	125
BARW	The Barrels (West end)	10	0	10	80	55	60	80	20	70	55	30	80	70	70	50	35	55	40	60	35	50	50	40	130
BOW	The Bows	20	10	0	70	50	60	80	15	60	55	20	75	60	60	40	25	45	30	55	25	40	40	30	120
CAN	The Canopy	70	80	70	0	40	50	60	65	50	45	75	60	10	10	45	55	90	75	20	45	35	30	40	70
KAY	Kayak at Lake B	50	55	50	40	0	15	40	45	10	15	55	40	25	35	25	35	60	55	25	25	10	15	20	85
LG	Low Gear	50	60	60	50	15	0	55	50	20	5	60	55	35	45	35	40	60	55	35	35	20	20	30	95
HG	High Gear	70	80	80	60	40	55	0	70	50	45	80	5	50	60	55	60	80	75	55	55	40	40	50	110
PARK	The Park	30	20	15	65	45	50	70	0	55	55	10	70	50	50	30	15	35	20	45	20	35	35	25	110
ROCK	The Rocks	60	70	60	50	10	20	50	55	0	20	60	50	35	40	35	40	60	60	35	35	20	20	30	95
ROPE	The Ropes	50	55	55	45	15	5	45	55	20	0	60	45	35	40	30	40	55	55	30	30	15	15	25	95
TRAX	The Trax	35	30	20	75	55	60	80	10	60	60	0	75	55	55	35	20	40	25	55	30	45	40	35	115
BZIP	The Zip (Big Zip) Launch	70	80	75	60	40	55	5	70	50	45	75	0	50	60	50	60	80	75	50	50	35	40	45	110
	BASE CAMPS																								
BCA	Base Camp A	65	70	60	10	25	35	50	50	35	35	55	55	0	10	35	45	65	60	10	30	25	25	25	60
BCB	Base Camp B	65	70	60	10	35	45	60	50	40	40	55	60	10	0	35	45	65	60	10	30	25	25	25	70
BCC	Base Camp C	55	50	40	45	25	35	55	30	35	30	35	50	35	35	0	15	35	30	30	25	15	15	25	95
BCD	Base Camp D	45	35	25	55	35	40	60	15	40	40	20	60	45	45	15	0	20	15	35	10	25	25	15	110
BCE	Base Camp E	65	55	45	90	60	60	80	35	60	55	40	80	65	65	35	20	0	20	55	30	45	40	35	125
BCF	Base Camp F	50	40	30	75	55	55	75	20	60	55	25	75	60	60	30	20	20	0	40	25	40	40	30	120
	SUMMIT CENTER																								
AP	Action Point/Consol Bridge	55	60	55	20	25	35	55	50	35	30	55	50	10	10	30	35	55	40	0	30	15	15	25	70
BC	Boulder Cove	45	35	25	45	25	35	55	20	35	30	30	50	30	30	25	10	30	25	30	0	15	15	5	90
HL	Health Lodge	40	50	40	35	10	20	40	35	20	15	45	35	25	25	15	25	45	40	15	15	0	5	15	85
SVC	Scott Visitor Center	40	50	40	30	15	20	40	35	20	15	40	40	25	25	15	25	40	40	15	15	5	0	10	80
TPTS	Twelve Points	50	40	30	40	20	30	50	25	30	25	35	45	25	25	25	15	35	40	25	5	15	10	0	85
GGM	Garden Ground Mtn (Central)	125	130	120	70	85	95	110	110	95	95	115	110	60	70	95	105	125	120	70	90	85	80	85	0

Note: Adjust time for slower hikers, warm/humid weather and/or hikers unaccustomed to hiking at 2,000 ft elevation