Polaris ATV Trek 2020

What this webinar will cover:

- A brief planning guide review
- Equipment/Gear overview
- Youth leadership rolls
- Program design
- Campsites overview
FIRST AID REQUIREMENTS

- FIRST AID AND CPR CERTIFICATION REQUIRED
  1 person
- Wilderness First Aid 1 person adult or youth

The Summit requires that at least one participant, (an adult or a youth) in each crew be currently certified in Wilderness First Aid or the equivalent* and CPR from the American Heart Association, the American Red Cross or the equivalent*. It is recommended that each crew have at least two participants certified in Wilderness First Aid and CPR. If unforeseen circumstances prevent one of the WFA trained participants from attending you will have a second member with the qualifications. You must present current certification cards or copies of current cards upon check-in.

BSA YPT Update

In late 2018 the BSA made an update to it’s youth protection policy regarding 2-deep leadership.

**New Policy as it Relates to Your Summit High Adventure** - Units must have at least 2 BSA registered adult Advisors 21 years of age or older.

**What has changed** - The previous policy allowed for an 18 to 20 year old to serve as the 2nd leader as long as the 1st was 21+.

**How does this affect your group?** If you were counting on an 18 to 20 year old to serve as one of your 2 deep adult leadership that no longer complies with the 2-Deep Leadership Requirement.

If you feel your group will have a challenge meeting the requirements of the updated 2 deep leadership requirement please e-mail Summit.Program@Scouting.org
Gear we provide

- ATV
- Helmet
- Googles
- Chest/roost protection
- Tents
- Cooking gear (pots/pans/cooking utensils)
- Food/water

Polaris Phoenix 200
Age 14 or older and maximum weight 215
The Polaris Sportsman 450 Riders must be 16 years old minimum

Take the E-Course before you arrive https://atvsafety.org/atv-ecourse/

This course is the best place for adults and teens to start on their path to understanding all-terrain vehicles and safe riding strategies. The course includes videos, pictures, and interactive games to make it a fun and effective learning experience. During the course, users take progress quizzes and receive a certificate upon successful completion. The entire course takes approximately 2.5 hours to complete. You can stop at any point and your progress will be saved so that you can return and pick up where you left.
Be ready for rain & mud...

General gear list

- Personal sleep system
- Personal clothing
- Personal hygiene
- Personal eating utensils
- Footwear
- Hydration pack, 3 liter minimum
- Misc. personal gear

(See Leader’s Guide for full participants packing list)
This is a youth led experience and the staff are here to be a resource for information, specific skill instruction and to encourage leadership development in the youth.

Will be trained on the processes and operations of The Summit Bechtel Reserve.

Has received thorough training on leading groups riding ATVs.

Will provide a comprehensive trek equipment shakedown.

Will lead crew through the check in process.

Will prepare crew for the week ahead.

Will work through the youth leadership of the group.

Will be at the closing program to present the youth crew leader with their crew’s patches.

Will be focused on helping to make your crews experience memorable and positive.

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YOUTH LEADERSHIP POSITIONS

Crew Leader A well-qualified Scout or Venturer should be selected as crew leader before training begins. The crew leader is a key person for a successful Summit experience and the Advisor must work closely with this person.

The crew leader should:
- Be elected by the crew.
- Lead by example.
- Be respected by the crew

The crew leader responsibilities include:
- Discussing ideas with the entire crew to arrive at a consensus before taking action.
- Organizing the crew, assigning duties and making decisions.
- Checking to make sure camp is safe, clean and secure.
- Guiding crew in their service project.
- Supporting the Chaplain Aide and Outdoor Ethics Guide as they carry out their duties.
Chaplain’s Aide
The Summit strongly recommends one crew member be asked to serve as a Chaplain Aide. Someone who has earned or is working on their religious award would be ideal for this position. The Chaplain Aide will be asked to lead daily devotionals and other appropriate religious services. A guide with suggested daily devotionals will be provided to the Chaplain’s Aide.

The Chaplain’s Aide along with an Adult Advisor will certify completion of requirements of the Duty to God award for each crew member. (Awards may be purchased at The Summit Trading Post upon completion at the end of the week.) The Chaplain’s Aide also helps serve as a morale officer of the crew communicating with members on their experience and working with the crew leader to address any issues and to promote a positive atmosphere.

Outdoor Ethics Guide
Outdoor Ethics are not a set of rules designed to meet every situation you will encounter in the outdoors. Instead they are a way of thinking about how we use and impact the environment, which guides us to make the best decisions possible in the outdoors ensuring we preserve the land for others to enjoy.

The Outdoor Ethics Guide works with the crew to ensure responsible use in the outdoor environment that is The Summit Bechtel Reserve and The New River Gorge. The Outdoor Ethics Guide helps the crew make informed decisions.

The Outdoor Ethics Guide will also help the crew through The Summit Sustainability Award program with the help of Summit staff and resources issued upon arrival.
TRIP SCHEDULE AND ELECTIVE DAY

- Your experience is 7 days from arrival to departure.
- Night 1, 5 and 6 are spent at the Summit in Basecamp Charlie.
- Nights 2 through 4 are spent on the trail.
- Day 6 is an elective day back at the Summit and groups can select an elective in one of our onsite high adventure areas and even a whitewater rafting experience for an additional $75.00 per person fee.

Outline for your week

- DAY 1 Arrival/ Shakedown/Camp @ HAB Base Camp.
- DAY 2 Polaris OHV Center for Excellence. ATV training and short trail rides. Camp at Polaris Center.
- DAY 3 Ride from Polaris Center to Rock Borrow. Morning ride to community service location. Afternoon trail riding (evening at shooting range).
- DAY 4 Rock Borrow to Garden Ground. Morning ATV basic mechanics course. Afternoon trail riding.
- DAY 5 Garden Ground to Polaris pavilion. All day trail riding with multiple scenic stops and an afternoon mud hole training course. Camp back at Charlie.
- DAY 6 Elective Day at Christen HAB. Choose an all-day elective.
- DAY 7 Departure Day.
Elective options

A few general items on electives

- Groups will be scheduled into an elective together.
- Groups should e-mail Summit.Program@Scouting.org 3 electives their group would be interested in 1 month prior to arrival.
- The finalized schedule including elective will be sent to groups 2 weeks prior to arrival at The Summit

Park & Trax Skateboarding and BMX Adventure: Spend the day skateboarding and riding BMX at the Summit’s Thrasher Mountain. Both new and experienced skaters and BMXers will find the right fit for their skill and build upon them.
- Notes: Shoes—Skateboarding, biking shoes or soft soled tennis shoes are recommended.

Bows & Barrels: Archery and Firearms activities include 12 gauge shotgun, .22 & .223 Rifle shooting, static archery, 3-D archery, and sporting arrows. A full day of target sport activities to hone your skills.

Low Gear and Rocks Mountain Biking and Climbing Adventure: Spend the day hitting the trail and as you wind your way through Adventure Valley, stop at The Rocks for some bouldering, climbing and rappelling.
- Notes: Shoes—Skateboarding, biking shoes or soft soled tennis shoes are recommended. Must meet Aerial Sports Weight Guideline.

Low Gear and Canopy Mountain Biking and Canopy Tour Adventure: A day of biking and flying through the air. Spend the day on mountain bikes hitting the Summit’s Adventure Valley Trails and stop by The Canopy for a zip line tour through the forest canopy.
- Notes: Shoes—Skateboarding, biking shoes or soft soled tennis shoes are recommended. Must meet Aerial Sports Weight Guideline.
Low Gear & High Gear Mountain Biking: A full day of mountain biking that will allow for both cross country and downhill mountain biking. A shuttle will even be used on a limited basis to allow for a few more downhill runs.

- **Notes:** Shoes: Mountain biking shoes or soft soled tennis shoes are recommended.

The Rocks Rock climbing and Rappelling Adventure: A full day of rock-climbing skills development at one of the largest man-made artificial rock-climbing facilities in the U.S.

- **Notes:** Must meet Aerial Sports Weight Guideline.

Canopy and the Ropes: Canopy Tour and High Ropes Course Adventure in the trees of The Summit.

- **Notes:** Must meet Aerial Sports Weight Guideline.

Goodrich Lake West Aquatic Activity Day: Stand-Up Paddle Board, Kayaking and Water Obstacle Course activities spend the day at the lake having a variety of adventures on the water.

- **Notes:** Must have passed their annual BSA Swimmer’s test with a “Swimmer” classification.

Whitewater Rafting and Goodrich Lake West: For an extra fee experience a ½ day of rafting on the Lower New River Gorge in class 3 to 5 rapids. The other half of the day will be spent on Goodrich Lake west.

- **Notes:** Must have passed their annual BSA Swimmer’s test with a “Swimmer” classification.

Support vehicle & food

- **We will provide a large “dry bag” for the gear you want on the trek (toiletries, sleeping gear, clothes). There will be a support trailer transporting your gear, tents, kitchen, food and sometimes fuel to each campsite daily.**

- **When away from Bravo, breakfast and dinner will be cooked at the campsites by your crew and your lunch will be somewhere on the trail. This is a team effort and everyone should share the responsibilities**
½ day of Service Project time

“our trails are awaiting your arrival”